

**XYNGULAR®**

**AXION™**  
PACK



Full-spectrum, Bi-level, sustained release formula for optimal health packed with vitamins, minerals, whole foods, enzymes, omega fatty acids, and probiotics

## Supplement Facts

Serving Size: 2 tablets  
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as retinyl palmitate & 50% as beta-carotene)	5,000 IU	100
Vitamin C (as ascorbic acid)	150 mg	250
Vitamin D (as cholecalciferol)	500 IU	125
Vitamin E (as d-alpha-tocopheryl succinate)	15 IU	50
Thiamin (Vitamin B1 as thiamin mononitrate)	2.5 mg	167
Riboflavin (Vitamin B2)	2.5 mg	147
Niacin (Vitamin B3 as niacinamide)	2.5 mg	13
Vitamin B6 (as pyridoxine HCl)	2.5 mg	125
Folate (as folic acid)	400 mcg	100
Vitamin B12 (as cyanocobalamin)	150 mcg	2,500
Biotin	150 mcg	50
Pantothenic acid (as D-calcium pantothenate)	5 mg	50
Calcium (as calcium carbonate)	300 mg	30
Iodine (as potassium iodide)	75 mcg	50
Magnesium (as magnesium oxide)	200 mg	50
Zinc (as zinc citrate)	7.5 mg	50
Selenium (as sodium selenate)	35 mcg	50
Copper (as copper gluconate)	0.5 mg	25
Manganese (as manganese gluconate)	1 mg	50
Potassium (as potassium chloride)	44.5 mg	1
Choline bitartrate	12.5 mg	*
Inositol	12.5 mg	*
PABA	12.5 mg	*
Boron (as boron chelate)	1.5 mg	*
Lycopene	2 mg	*
Lutein (FloraGL®)	5 mg	*
Alpha-Lipoic acid	12.5 mg	*
Quercetin	25 mg	*
Coenzyme Q-10	12.5 mg	*
<b>Omega 3, 9</b>		
Chia seed	25 mg	*
Flaxseed	50 mg	*
<b>Digestive Enzymes</b>		
Bromelain	25 mg	*
Papain	12.5 mg	*
Pepsin	12.5 mg	*
Pancreatin 4x (fungal analogue, non-animal)	25 mg	*
<b>Whole Foods Blend</b>		
Spirulina blue-green algae	50 mg	*
Broccoli floret powder	12.5 mg	*
Spinach leaf powder	12.5 mg	*
Carrot root powder	12.5 mg	*
Tomato fruit concentrate	12.5 mg	*
Resveratrol (from Polygonum cuspidatum root extract)	5 mg	*
Blueberry fruit extract	12.5 mg	*
Pomegranate fruit extract	12.5 mg	*
Cocoa seed extract	7.5 mg	*
Green tea leaf extract	30 mg	*
Rhodiola root extract	10 mg	*
Panax ginseng root extract	10 mg	*
Lactobacillus acidophilus	10 mg	*
Lactobacillus rhamnosus	7.5 mg	*
Bifidobacterium bifidum	12.5 mg	*
Bifidobacterium longum	7.5 mg	*

## TAKE AXION FOR OPTIMAL HEALTH

AXION is a comprehensive, full spectrum, Bi-Layer (sustained release) supplement that provides essential nutrition support for every cell and function of your body, including immune support, cardiovascular health, and metabolism. This is a power-packed supplement containing vitamins, minerals, whole foods, enzymes, omega fatty acids, and probiotics for optimal health and vitality.

### The Bi-Layer Advantage of AXION

It's not what you swallow, but what you absorb that counts. That's why our extended release Bi-Layer technology has been developed. When you take a "regular" vitamin, the water soluble vitamins dissolve too quickly and are expelled in your urine instead of being absorbed. The AXION Bi-Layer technology gives you a sustained supply of nutrients your body absorbs for hours. One instant release layer gives your body a kick start of nutrients. Then layer 2, with a specialized coating process, releases another dose over a period of hours. More is absorbed and used and less is eliminated. This is a breakthrough in vitamin absorption and could reshape the AM/PM vitamin world.

**ORDER YOUR AXION PACK TODAY AND FEEL THE DIFFERENCE!**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**XYNGULAR®**

Manufactured exclusively for Xyngular  
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\* Daily value not established.

# THE BI-LAYER ADVANTAGE OF AXION | BY JIM AYRES



WHILE THERE IS DEBATE IN THE MEDICAL COMMUNITY ABOUT WHETHER OR NOT EXTENDED RELEASE TECHNOLOGY ACTUALLY OFFERS ANY BENEFIT, THE TECHNOLOGY DOES PROVE TO BE BENEFICIAL FOR BETTER ABSORPTION IN THE BLOOD STREAM. FOR INSTANCE, WHEN YOU TAKE A "REGULAR" VITAMIN TABLET, IT QUICKLY DISSOLVES IN THE STOMACH AND PASSES INTO THE BLOOD STREAM. THE PROBLEM IS, THIS FAST DISTRIBUTION INCREASES THE CHANCES THAT YOUR BODY WILL EXCRETE SIGNIFICANT PORTIONS OF THE BENEFICIAL WATER SOLUBLE VITAMINS. TRACES OF THESE WATER SOLUBLE VITAMINS MAY END UP IN THE RESTROOM AS UNABSORBED VITAMINS WILL PASS IN URINE. WITH THIS SAID, EVEN THOUGH TRACE AMOUNTS MAY PASS IN THE URINE, IT IS VERY IMPORTANT TO SUPPLEMENT YOUR BODY WITH MANY NUTRIENTS THAT THE BODY IS INCAPABLE OF REPRODUCING ON ITS OWN.

## IS ONE-A-DAY ENOUGH?

One of the most frequently asked questions I receive through [askjim@xyngular.com](mailto:askjim@xyngular.com) is "do I still need to take my multi-vitamin with the Xyngular products?" My answer, though hesitant has consistently been "yes." The reason for my hesitance is due to the variety of multi-vitamin products on the market and most do not deliver the amounts of nutrients proportionate to the needs of most people, especially those who are on the right track in Xyngular.

**From 'one-a-day to ten-a-day,' how do you know what is right for you?**

**My recommendation is a daily nutritional supplement that meets the following criteria:**

- Contains several water soluble (rich in B vitamins) and fat soluble vitamins, essential minerals, a wholefood blend, digestive enzymes, probiotic strains, and omega fatty acids.
- Ideally you can provide your body with a split dose as water soluble vitamins do not last long in your body so they should be supplemented hours after the initial dose.

Sounds like quite a trip to the health food store doesn't it? Well don't worry because Xyngular has filled the basket for you with the development of a truly groundbreaking nutritional product called AXION (pronounced "Action"). With AXION, just 2 tablets daily meet the criteria above.



## A, B, C, D, E...

So many vitamins... why do I need them all? Like all nutrients, each vitamin has its own benefits and they act differently in the body. For instance, fat soluble vitamins such as A, D, and E tend to stick around a while in our systems whereas water soluble vitamins such as C and the B family only last a couple hours at most. These vitamins are not stored in the body as much as fat soluble because they take the rapid transit system in our body... the blood stream. The vitamins that are not used or stored during the transit will be eliminated in urine (this is why your urine may turn neon yellow/green if you have too much riboflavin or B2).

B vitamins are especially important as they play an active role in metabolic activity. B vitamins such as pyridoxine (B6) and cyanocobalamin (B12) are important in keeping your energy level high. So if you're feeling a bit down, you may be deficient in B vitamins. B vitamins are also actively involved in the production of red blood cells, which carry oxygen throughout your body and since every part of your body requires oxygen, I'd say these B vitamins are relatively important.

Ok that's enough about B's for now, let's not forget about the oxidative defenders like vitamin C, which is essential for cardiac health (one sign that you may be lacking vitamin C is white spots on your finger nails). Vitamins D with Calcium and other essential minerals make for strong bones, and support a healthy cardiovascular system. Lycopene, Lutein and CoQ10 are all important in maintain a healthy immune system, ocular health and healthy skin. Ideally

these ingredients are complimented by other important nutrients lacking in our food source such as adequate digestive enzymes, probiotics and wholefood powders. = All of which should be a part of a daily routine. Due to the fact that our food supply is depleted of mineral content (soil depletion) and vitamin content (UV), supplementation is required

## WHOLEFOODS

Like I always say... most of us do not have an organic vegetable garden and multiple fruit orchards in our backyards. For those included in this group, we should take supplemental wholefood nutrients. Xyngular's Global Blend provides several "Super Fruits" and that should continue. The elemental wholefood powders in AXION include Spirulina, Broccoli, Spinach, and Tomato. Many in the medical community concur that it is due to the lack of sufficient nutrients such as these in the modern day diet that several medical conditions are attributed to such deficiencies. This is why it is important for your body to be revitalized and supported with components from wholefoods. In addition to taking AXION and Global Blend, we also highly recommend a diet containing regular intake of fresh fruits and vegetables.

In addition to the aforementioned wholefood powders, AXION also provides extra Blueberry, Pomegranate and Resveratrol from Grape Skin, which is being touted as one of the most powerful anti-oxidative properties that are important for healthy aging. Combined with the elemental Omega fatty acids, the wholefood blend in AXION is a perfect complement to any diet.

## PROBIOTICS

Probiotics are live microbial organisms... sounds scary huh? Don't be frightened. Probiotics are beneficial and are referred to as "friendly bacteria." Probiotics promote health by suppressing the growth of potentially harmful bacteria. This can help support healthy immune function enhancing the protective barrier of the digestive tract. This in turn will help the body produce vitamin K. When used in conjunction with FLUSH in the Core4 line, AXION's probiotics are very complimentary to the formula. While one clears the pathway for good bacterial growth (FLUSH), the probiotics can now thrive in this healthy environment. The combination of the two can support digestion and therefore less bloating, gas, and irritations associated with the bowels. Regularity is essential for the maintenance of overall health and to support the body's immune system.

**So the issue is, if I'm flushing away important traces of vitamins, how do I sustain the absorption without taking several pills throughout the day?**

Great question! Luckily, we now have an answer to that question. The multi-nutrient supplement we call AXION uses a proprietary bi-layer, extended release technology in order to provide your body with a sustained release of nutrients for hours. How can this be done? Well, think of it as two formulas in one tablet. AXION's bi-layer tablets contain one instant release layer that provides the body with the kick start of nutrients it needs, while layer 2 releases another dose of nutrients over a period of several hours. This extended release uses a specialized coating process that allows the layer to be released over time and not eliminated in the stool. This is a break-through with vitamin absorption and could reshape the AM/PM vitamin world.

# AXION | ANOTHER COMPONENT FOR OPTIMAL HEALTH FROM XYNGULAR

AXION IS A COMPREHENSIVE, FULL SPECTRUM, TIME-RELEASE SUPPLEMENT THAT PROVIDES ESSENTIAL NUTRITION SUPPORT FOR EVERY FUNCTION OF YOUR BODY, INCLUDING IMMUNE SUPPORT, CARDIOVASCULAR HEALTH, AND METABOLISM. THIS IS A POWER-PACKED SUPPLEMENT CONTAINING VITAMINS, MINERALS, WHOLE FOODS, AND PROBIOTICS FOR OPTIMAL HEALTH AND VITALITY.

## DOCUMENTED RESEARCH SHOWS SUBSTANTIAL SUPPORT:

**BRAIN, VISION, AND ENDOCRINE SYSTEMS** for sounder sleep, sexual function, eye health, mental, and emotional health.

**CARDIOVASCULAR SUPPORT** for maximum energy and efficient weight management.

**METABOLISM AND DIGESTION** for blood sugar balance and weight management, full nutrient absorption, proper brain function, and energy.

**SKELETAL AND MUSCULAR SYSTEM** for control of inflammation, weight management, and exercise recovery.

**SKIN HEALTH IMMUNE SUPPORT** for protection from infections and disease.

**PROTECTION AGAINST DNA DAMAGE**

### Why Disease?

Lots of people are confused about why we age and how we get sick. It's not a matter of "normal" aging or "catching" a bug. It's more about free radicals, inflammation, and missing nutrients. Your body requires all-day antioxidant protection to "mop up" the mass of free radicals inside you before they can erode and destroy your health. Free radicals can cause issues like sticky cholesterol that clogs and hardens your arteries and chronic inflammation that destroys not only your joints but your brain and cardiovascular system as well. And DNA damage...just imagine what happens inside your cells when that gets hold of you and is passed along to your children.

### Is Disease Optional?

We can't avoid the high-stress, toxic, chemical-laden world we live in, but we can protect ourselves from as much damage as possible. Our bodies are bathed in free radicals, toxins, and chronic inflammation. But with optimal anti-oxidants and antiinflammatory nutrients, disease can be far more optional than we realize.

### Why Not Just Eat Better?

It's impossible to eat enough fruits, grains, and vegetables every day to get sufficient antioxidants to combat today's free-radical overload. We'd need many pounds of a wide variety of foods to get what we need. They are far too difficult for us to source, chop, and prepare...let alone afford.

### Why Whole Foods in a Supplement?

We use raw, concentrated ingredients like kale, spinach, apricot, blackberry, blueberry, cranberry, grape, beet, papaya, chlorella, spirulina, cauliflower, broccoli, wheat grass and pineapple in greater potency than you would ever find in a diet you could try to gather yourself.

Each of these superfood ingredients is proven beneficial and highly bioactive in your body. You would feel a major difference from these alone.

But these ingredients are blended with the most bioactive forms of vitamins and minerals that no super-diet can begin to match for complete nutrition and bioavailability.

### Why Probiotics?

A healthy body contains as much as four pounds of beneficial bacteria. Each strain of these wonderful organisms performs essential functions in your body like cleansing all the maze of tubes in your body and conversion of food to energy (not fat). Chemical toxins, antibiotics, and many drugs kill both beneficial and dangerous bacteria. This erodes our health.

A probiotic supplement can have a dramatic effect on your energy and resistance to disease.

### The Science

Most people don't realize until it's too late how vital it is to take a potent timerelease supplement with vitamins, minerals, superfoods, and probiotics.

You could spend countless hours exploring the volumes of solid, scientific research supporting each of the ingredients in this powerful blend and their corresponding health benefits.

Suffice it to say that to function properly, every cell in your body benefits tremendously from a careful balance of all these essential nutrients. This is especially true for those with poor diets, weak immune systems, exposure to toxins, ambitious exercise regimens, age-related health problems, high-stress lifestyles, or pregnancy.